

# TOWN OF CARMEL RECREATION AND PARKS DEPARTMENT



EGG HUNT  
March 20, 2010



SUMMER CAMP  
July 6 - August 13

A colorful poster for the Sunset Concert Series. The text reads "SUNSET CONCERT SERIES" in large, stylized letters. Below it, it says "The Next Performance is... Here at the park". At the bottom, it lists "Sponsored by MAHOBAC NATIONAL BANK A TruFirst Community Bank", "Town of Carmel Recreation &amp; Parks", and "for more info 845-628-7888".

2010 SPRING/SUMMER  
BROCHURE

# FOR YOUR INFORMATION

## TOWN BOARD

Kenneth Schmitt      Town Supervisor  
Anthony DiCarlo      Councilman - Deputy Supervisor  
Frank Lombardi      Councilman  
Suzanne McDonough      Councilwoman  
Robert Ravallo      Councilman  
Town Board meets every Wednesday at 7:00pm in Carmel Town Hall

## RECREATION & PARKS COMMITTEE

Dave Furfaro, Chairman  
Robert Buckley, Vice-Chairman

Kathleen Budries      Joyce Picone  
Ken Foran      Mike Berg  
Buddy Decker      Neal Sullivan

The Recreation and Parks Advisory Committee meets on the first Thursday of every month, 7:30pm at Sycamore Park.

**There will be an "Open Meeting," April 8th, 7:30pm held at Carmel Town Hall.** All residents and representatives of interested organizations are invited to attend. The purpose is to obtain views from the community on ways to improve and strengthen Recreation Department programs. The meeting will not be limited to a formal agenda, as the Advisory Board would like to hear from the community on matters affecting recreation.

## RECREATION AND PARKS STAFF

James Gilchrist      Director of Recreation and Parks  
Louis Fernandez      Sr. Recreation Leader  
Susan Schwenk      Secretary to Director  
Carmela Spano      Office Asst/Sr. Citizen Coordinator  
Frank Favia      Maintenance Staff  
Bruce Koopman      Maintenance Staff  
Brendan Griffin      Maintenance Staff  
Giorgio D'Agostino      Part Time Maintenance Staff  
Dave Carroll      Part Time Maintenance Staff

## EMPLOYMENT OPPORTUNITIES

The Recreation Department is looking for pre-school class instructors. If you are interested, please download an employment application from the website or come into the Recreation office and pick one up. Applications are accepted year round.

## Office Hours

Monday-Friday  
8:30am-4:30pm

The Recreation Office is located in Sycamore Park, 790 Long Pond Road, Mahopac, NY 10541  
Telephone: (845) 628-7888  
Fax: (845) 628-2820  
E-mail: [carmelrecreation@ci.carmel.ny.us](mailto:carmelrecreation@ci.carmel.ny.us)  
Website: [www.ci.carmel.ny.us](http://www.ci.carmel.ny.us)

## EXTENDED HOURS

Thursdays: 5:00pm - 7:00pm  
March 4, April 8, May 6, June 3  
Saturdays: 10:00am - 2:00pm  
April 17, May 29, June 26, July 10, 24

## NEW PROGRAMS

The Recreation Department is constantly looking for new and innovative programs for the community. If you have any class suggestions or special abilities, please send/fax your ideas to the Recreation Department.

## FACILITY RENTALS

Looking for a place to hold an event? The main building at Sycamore Park, Pavilion, BBQ area, fields and courts are available. Please contact the office at 845-628-7888 for a Facilities Use Form. A Certificate of Insurance, Resident I.D. card and rental fee must be included with the Use Form.

## Please Respect Your Property

Parks belong to you the resident. It's just like your very own back yard. Please take a moment to teach your children respect for public property. Remind them to pick up after themselves, use trash containers and leave trees and flowers alone for all to enjoy.

## BEACH OPENING

Come enjoy the water, sun and sand starting June 26th. Hours 10am-6pm. Free with Swim Permit ID Card.

### Beach Fee Schedule

Adult Daily Fee: \$8.00	Family Swim Permit: \$175
Adult Guest Fee: \$10.00	Adult Swim Permit: \$90
Youth Daily Fee: \$7.00	Youth Swim Permit: \$70
Youth Guest Fee: \$9.00	Nanny Swim Permit: \$100

Cover photos by: Susan Schwenk

# SUMMER REGISTRATION INFORMATION

## Swim And Tennis Permit Information

- Fill out Family Registration Form (unless previously filled out & on file)
- Fill out Activity Registration Form (program codes are listed below)
- Return Family Registration Form (unless on file)
- Return Activity Registration Form with fee (no cash accepted through mail)
- No refund for swim or tennis permits after 7 days of issuance
- Adult cardholders may have up to 5 guests on the beach
- If you already have your Resident I.D. card, you will need to bring the card to the main office to obtain a swim or tennis permit stamp
- Adult Swim Permit -- Ages 18 and up
- Youth Swim Permit -- Ages 4 and up  
If taking Swim Lessons Youth Swim Permit is included in price

## Swim Permit Activity Codes

F = Family Swim Permit	Activity #9000-1
Fee: \$175.00	
A = Adult Swim Permit	Activity #9000-2
Fee: \$90.00	
Y = Youth Swim Permit	Activity #9000-3
Fee: \$70.00	
N = Nanny Swim Permit	Activity #9000-4
Fee: \$100.00	

## Tennis Permit Activity Codes

F = Family Tennis Permit	Activity #8000-1
Fee: \$70.00	
I = Individual Tennis Permit	Activity #8000-2
Fee: \$45.00	

Tennis Guest Fee of \$6.00 must be paid at the main office prior to using court.

## Daily Beach Fee

The Daily Beach Fee is only for Carmel Residents who have purchased a Resident I.D. card and did not pay for a Swim Permit. The fee will be collected at the entrance to the beach.

Daily Adult Beach Fee	\$ 8.00
Daily Youth Beach Fee	\$ 7.00
Daily Adult Guest Beach Fee	\$10.00
Daily Youth Guest Beach Fee	\$ 9.00
Infant In Arms	No Charge
Senior Citizen w/ID Card	No Charge

## Swim Lessons

*You must register in main office for swim lessons.  
No mail in registration accepted for swim lessons.  
Forms available on-line.*

Age 5 years and older. Town of Carmel residents only.

Time: 3:15-3:45pm or 3:45-4:15pm or 4:15-4:45pm

Session # 1 Monday to Friday, July 6–July 17

\*\*swim test date: July 1st, 1:00-3:00pm

Session #2 Monday to Friday, July 19–July 30

\*\*swim test date: July 15th, 1:00-3:00pm

Session #3 Monday to Friday, August 2–August 13

\*\*swim test date: July 29th, 1:00-3:00pm

Fee: \$130 per session (includes youth swim permit)

\$ 60 each additional session

## Summer Camp Information

*You must register in main office for summer camp.  
No mail in registration accepted for summer camp.  
Forms available on-line.*

• Summer camp registration begins April 5th through May 29th at Sycamore Park from 10:00am-2:00pm Mon-Fri. After May 29th, any application received will be charged a \$50 late fee and be wait listed.

• Camp forms will be available on-line.

• You will need to have your Family Registration Form on file and Immunization dates are required at time of registration.

• Incomplete application or forms will be returned. No exceptions.

• Camp runs for six weeks beginning July 6th and ending August 13th, Monday–Friday

### Primary Camp

Children entering Kindergarten and 1st grade in September 2010. Camp runs from 9:30am-2:30pm. Fee: \$425. We also offer an Extended Camp Day (2:30-4:30) for those enrolled in the single session camp at an additional \$160. Primary Camp is held at Sycamore Park every day. They will experience games, arts and crafts, beach time, playground time, various special events and a trip to the 4-H Fair.

### Playground Camp

Children entering 2nd grade to 8th grade in September 2010. Camp runs from 9:00am-3:00pm. Fee: \$375. Campers will alternate between Sycamore Park and school location. They will experience non-competitive sports, games, arts and crafts, special events, waterfront activities and field trips.

**\*\*CIT and Volunteer Counselors\*\*  
Applications Due By April 30, 2010**

Town of Carmel Recreation and Parks Department  
790 Long Pond Road  
Mahopac, NY 10541

PRSRT STD  
U.S. Postage Paid  
White Plains, NY  
Permit No. 4116

## Postal Customer Town of Carmel

# CARMEL SENIOR ADULT ACTIVITIES

**Senior Citizen Drop-In Meetings** are held every Wednesday from 10am-2pm at the Mahopac Firehouse September through June. The Drop-In is open to all Senior citizens in the Town of Carmel (Carmel, Mahopac, Mahopac Falls) and allows non-residents to actively attend. The meetings consist of arts and crafts, bingo, general socializing with occasional guest speakers. The group also has many picnics, outings, trips and programs throughout the year. For more information contact Nick Mucciarone, Senior Citizen Director, at 845-628-7001.

### Registration Procedures

Registration for trips are **only** taken at the weekly meetings. A schedule of the trips, picnics, registration dates and other information is given out **only** at the weekly meetings. Registration is on a first come first serve basis where numbers are handed out. With the number a maximum of 2 people can register. Registration, trips, meeting dates, and times are subject to change and will be announced at the weekly meetings.

### ANNUAL PICNIC

We are excited to announce the Senior Citizen Annual Picnic will be on Wednesday, August 25th at the Mahopac Firehouse from 11:30-3:30pm. The theme this year will be "Fabulous 50's." No fee for members. There is a \$10 fee for non-members.

### 2010 DAY TRIP SCHEDULE

All trips depart and return from the Mahopac Fire Department on Route 6 in Mahopac. Trips are for Senior Citizens 60 years or older who are current residents of Mahopac or Carmel. There is a \$10 additional fee per person for non-residents. If you have any questions regarding day trips, please contact Carmela Spano at 845-628-7888.

### Wednesday, March 17th

#### Aqua Turf in Plantsville, CT; "St. Patrick's Celebration"

Departs: 9:30am Returns: 5:00pm  
Description: Bring out the Irish in you! Trip includes: bus, luncheon and entertainment.

### Wednesday, April 21st

#### Ace in the Hole-The Brownstone in Paterson, NJ "American Bandstand"

Departs: 9:00am Returns: 6:00pm  
Description: Trip includes bus, luncheon and entertainment.

### Thursday, May 6th

#### Westchester Broadway Theater in Elmsford, NY "Sugar, Some Like it Hot"

Departs: 10:00am Returns: 5:00pm  
Description: Trip includes bus, lunch and a show

### Wednesday, June 30th

#### West Point

Departs: 8:00am Returns: 6:00pm  
Description: West Point Tour; Lunch at Hotel Thayer; 2 hour Hudson River cruise.

### Putnam County Office for the Aging

The Putnam County Office of the Aging is the major planner, coordinator and direct service provider for residents over 60 years of age.

Two Friendship Centers in the Town of Carmel offer numerous activities and a delicious hot meal every day:

The Carmel Friendship Center, located at 110 Old Rt.6, Building 1 - 845-225-2500

The William Koehler Friendship Center, located at 180 Rt. 6 in Mahopac - 845-628-0411

For more information on services available contact the Putnam County Office for the Aging at 845-225-1034.

# REGISTRATION INFORMATION

## RESIDENCY

A resident is defined as one who resides within the town limits and pays their land taxes to the Town of Carmel (Carmel, Mahopac, Mahopac Falls).

## NON-RESIDENTS

If space is available in a program, non-residents will be allowed to register by paying the non-resident fee.

## REGISTRATION – SPRING CLASSES

Spring Class Registration will begin on **Monday, March 29, 2010 from 10am-4pm** (unless otherwise noted). A 2010

Resident ID card is required in order to register for all spring classes. Resident ID cards will not be sold on registration day. ID cards are \$6 per person.

## MAIL IN REGISTRATION

You may now register by mail! Please mail a completed Family Registration Form along with a copy of your drivers license AND a current utility/cable bill. ID cards are \$6 per person (**all participants are required to purchase an ID card; if a participant is under the age of 18 a parent/guardian is also required to purchase an ID card**). Walk in registrations are still welcome and given first priority. Mail registrations (Activity Registration Form) must be received on or after registration date. Mail in registrations are processed at the end of each business day.

ALL registration forms must include payment in full. **Send all Forms to:** Carmel Recreation and Parks, 790 Long Pond Road, Mahopac, NY 10541.

## FORMS OF PAYMENT ACCEPTED

The Town of Carmel Recreation and Parks Department accepts cash and checks as forms of payment. We do not accept cash through the mail. Cash is only accepted with walk-in registrations. Please make checks payable to: Carmel Recreation and Parks.

## HOW TO WATCH A GOOD PROGRAM DIE

Nothing kills a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be canceled or modified if there is insufficient registration. All programs require a high level of coordination often including facility scheduling, staffing, and purchasing of supplies. *PLEASE REGISTER EARLY!*

## CIT & VOLUNTEER COUNSELORS

Applications for CIT and Volunteer Counselors for the Summer Camp Program **MUST BE** handed into the office by April 30, 2010.

## SUMMER CAMP REGISTRATION

Summer camp registration begins **April 5, 2010 from 10am-4pm**. NO mail in registrations accepted for summer camp. A 2010 Resident ID card is required in order to register. ID cards **WILL NOT** be sold on April 5th. Please see Summer Registration page.

## PLEASE NOTE

The Recreation Department does not confirm program registration by mail, nor can we be responsible for lost or misdirected mail. Incomplete registrations will be returned to sender. We cannot accept registrations by phone or fax.

## REFUND POLICY

A full refund will be given if the program is cancelled by the Recreation Department. Should a participant become ill or injured, a prorated refund will be made based on the number of sessions the participant attended. A doctor's note must accompany request. Refunds **WILL NOT** be given after a program begins.

## INSURANCE

The Town of Carmel carries a Standard Liability Insurance Policy, which does not cover medical costs for anyone injured during normal course of participation in any Recreation Department program or facility. ALL persons participate at their own risk.

## CANCELLATION POLICY

Please listen to WHUD 100.7FM for any cancellations. Generally, programs are not held when school is not in session. You may also call the Recreation Department at 845-628-7888.

## FEES

Please pay the fee listed with program information. All fees must be paid at time of registration.

## RETURNED CHECKS

If a check is returned to the Recreation and Parks Department for any reason, a money order or cash payment of \$20.00, plus original cost, will be required for enrollment.

# TODDLER/PRE-SCHOOL ACTIVITIES

## PROGRAM NOTES:

1. The child must be the appropriate age by the START of the program.
2. A child may be registered for one Moms & Tots, Mini Tumbling or Pre-School Tumbling class and one other class; they will then be put on a waiting list for any additional classes.

## MOMS & TOTS

This class is meant to help socialize young children in a fun and safe environment. The class is mostly free play with soft balls and play equipment with a parachute and song time at the end of each class....Loads of Fun!

For: Children Ages 1-2 years old  
Place: Sycamore Park Main Building  
Fee: Free/resident \$20/non-resident  
Dates: **Mondays** Activity 2100-1 9:30 - 10:15am  
April 19, 26, May 3, 10, 17, 24  
**Tuesdays** Activity 2100-2 10:45 - 11:30am  
April 20, 27, May (4 No Class), 11, 18, 25,  
June (1 No Class), 8  
**Wednesdays** Activity 2100-3 11:30 - 12:15am  
April 21, 28, May 5, 12, 29, 26

## MINI TUMBLING

This class is meant to help socialize young children and start teaching them basic tumbling techniques in a fun and safe environment. The class has some instructional time with free play mixed in. At the end of each class there is parachute and song time.

For: Children 3-4 years old  
Place: Sycamore Park Main Building  
Fee: Free/resident \$20/non-residents  
Dates: **Mondays** Activity 2200-1 10:30-11:15am  
April 19, 26, May 3, 10, 17, 24  
**Tuesdays** Activity 2200-2 11:45am-12:30pm  
April 20, 27, May (4 No Class), 11, 18, 25,  
June (1 No Class), 8  
**Wednesdays** Activity 2200-3 12:30 - 1:15pm  
April 21, 28, May 5, 12, 29, 26

## PRE-SCHOOL TUMBLING

This class teaches children basic tumbling techniques, balance and coordination in a fun and safe environment. This class is fully instructional and has no free play.

For: Children Ages 4-5  
Place: Sycamore Park Main Building  
Fee: Free/resident \$20/non-resident  
Dates: **Tuesdays** Activity 2300-1 1:00 - 1:45pm  
April 20, 27, May (4 No Class), 11, 18, 25,  
June (1 No Class), 8

## BABY VAN GO...

An art experience class designed to introduce young children to a variety of art mediums, at age appropriate levels. Children will create and take home a finished art piece each week, and will be exposed to some basic art vocabulary.

For: Children Ages 3 - 5  
Place: Sycamore Park Main Building  
Fee: \$45/resident \$90/non-resident  
Dates: **Mondays** Age: 3  
1:00 - 1:45pm Activity 2450-1  
April 19, 26, May 3, 10, 17, 24  
**Mondays** Age: 4-5  
2:15 - 3:00pm Activity 2450-2  
April 19, 26, May 3, 10, 17, 24

## LITTLE CHEF

Little Chef is a class designed to introduce your child into the world of cooking. We will prepare simple recipes in each class that will range from sweet deserts to tasty lunch items. This class will also include some free time for the children to play while their creations cook.

For: Children Ages 3-5  
Place: Sycamore Park Main Building  
Fee: \$45/resident \$90/non-resident  
Dates: **Thursdays** Activity 2400-1 1:30 - 2:30pm  
April 22, 29, May 6, 13, 20, 27



## MUSIC TOGETHER

Music Together is an early childhood music and movement program where we sing songs, dance and play instruments such as egg shakers, jingle bells, drums, maracas and also use balls, scarves and hula-hoops. Please join us for fun with the most wonderful people in the world, your children! Class includes 2 CD's of the Flutes Song Collection, an Illustrated songbook with all music, lyrics, activity suggestions and fascinating illustrations and an early childhood music development guide.

For: Children Birth - 5 years old  
Place: Sycamore Park Main Building  
Fee: \$145/residents \$195/non-residents  
Dates: **Mondays** Activity #2500-1 11:45am-12:30pm  
April 19, 26, May 3, 10, 17, 24  
**Tuesdays** Activity #2500-2 9:30 - 10:15am  
April 20, 27, May (4 No Class), 11, 18, 25,  
June (1 No Class), 8



# TODDLERS-TEENS-SPORTS

## DANCE CLASSES

We are pleased to offer this Creative Dance Class. This class will expose your child to different types of dance in a fun filled relaxed atmosphere.

For: Children Age 3 - 5

Place: Sycamore Park Main Building

Fee: \$50/residents \$100/non-residents

Dates: **Thursdays** Ages 4-5  
10:00-10:45 Activity 2600-1

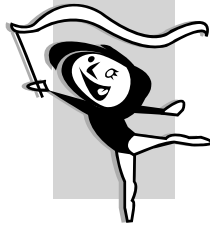
April 22, 29, May 6, 13, 20, 27

**Thursdays** Age 3  
11:00-11:45 Activity 2600-2

April 22, 29, May 6, 13, 20, 27

**Thursdays** Ages 4-5  
12:00-12:45 Activity 2600-3

April 22, 29, May 6, 13, 20, 27



## BOOT CAMP FOR TWEENS & TEENS

Girls, ages 12-18 who want to get in shape without committing to a gym or an athletic team, are welcome to try out Boot Camp. Boot Camp is a fun and energizing exercise program, designed to help you improve your overall well being. Whatever your personal goal, Boot Camp will help you get there. Join us and see how Boot Camp can help you: \*Lose fat and gain muscle \* Increase your energy and \* Build self confidence. You'll love exercising outside and you'll be thrilled with your personal results!!

For: Girls Ages 12-18

Place: Sycamore Park Across From Main Office

Fee: \$205/resident \$255/non-resident

Dates: **Mondays, Tuesdays, Thursdays** 5:45-6:45pm  
Activity 3100-1

April 22 (Weigh In/Measurement) 5:45 - 7:00pm

April 26, 27, 29, May 3, 4, 6, 10, 11, 13, 17, 18,  
20, 24, 25, 27, 31, June 1, 3

June 8 (Weigh In/Evaluation) 5:45 - 7:00pm

## OPEN PLAY SCHEDULE

Raining or just plain bored? Bring your child to our new indoor play unit for hours of fun.

For: Children Ages 3 - 9

Place: Sycamore Park Main Building

Fee: \$32/resident per child for entire session

\$3/resident per child per visit

\$64/non-resident per child for entire session

\$6/non-resident per child per visit

Dates: **Wednesdays** 2:30-4:30 Activity 2700-1

**Fridays** 10:00-2:00

April 7, 9, 14, 16, 21, 23, 28, 30,

May 5, 7, 12, 14, 18, 21, 26, 28

## SPRING TENNIS LESSONS

Whether you are just learning the game or want to enhance your skills, these lessons will afford you the opportunity to have fun while learning and competing with your peers.

Classes missed due to inclement weather may be made up on Sundays. Registration begins March 29; ongoing until full.

For: Ages 6 - Adult

Place: Sycamore Park Tennis Courts

Fee: \$80/resident \$160/non-resident

Dates: **Saturdays:**  
Ages 6-9 9:00am-10:00am Activity 3000-1

Ages 10-14 10:00am-11:00am Activity 3000-2

Ages 15-Adult 11:00am-12:00pm Activity 3000-3

April 17, 24, May 1, 8, 15, 22, (No class 29),

June 5, 12



**NEW PROGRAM!**

## CLUB KIWI

### Swimming, Tennis and Mini Golf Club

The secret is out - located at 825 Union Valley Road. A hop, skip and jump from your home. Kiwi is now opening their doors to feature Club Kiwi. Come to enjoy the experience of a country club in your own backyard with 4 heated pools (ranging from 1 1/2 feet to 9 feet), an 18 hole miniature golf course and two tennis courts. Snack bar & ice cream shop. Entertainment nights to come.

Registration:

This program registers at Sycamore Park beginning April 5, 2010 and is for Town of Carmel Residents only. Resident ID cards must be purchased. Mail in registrations will be accepted.

For: Families - No children under 18 permitted without a parent

Place: Camp Kiwi, 825 Union Valley Road, Carmel, NY

Fee: \$400 for a family of 4; \$50 for each additional family member

Dates: Memorial Day through Labor Day  
May 31 through September 6, 2010

Times: Monday-Friday Only-No Weekends  
4:30pm to 8:30pm

# ACTIVITIES

## PILATES

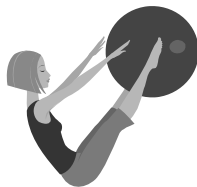
Pilates Mat Class—Based on the fitness system of Joseph Pilates. Emphasizes strong core stability promoting strength, flexibility and range of motion. Available to all levels. Class taught by Christine Hamilton.

For: Ages 12 – Adult

Place: Sycamore Park Main Building

Fee: \$75/resident \$150/non-resident

Dates: **Wednesdays** Activity 3200-1 **7:00-8:00pm**  
April 21, 28, May 5, 12, 29, 26



## MORNING YOGA

Hatha Yoga (hot-tah') yoga is an ancient Indian Healing program that gives you improved alignment and range of motion, increased strength, balance and muscle-control. Breath control and increased oxygen intake are a central part of every session. This adds up to exercise that's fun, relieves stress, provides endless challenge—and complements many sports activities. Instructed by Meredith Laubin, RTY. Please bring a yoga mat and a small cushion to class.

For: Ages 18 and up

Place: Sycamore Park Main Building

Fee: \$65/resident \$130/non-resident

Dates: **Wednesdays** Activity 3300-1 **9:30-11:00am**  
April 21, 28, May 5, 12, 29, 26

## EVENING YOGA

Yoga is an ancient Indian philosophy that enhances personal growth and well being. Although a systemic philosophical approach, yoga is not a religion, but complementary with most spiritual paths. The physical aspect of Yoga use poses and focused breathing, requiring concentration and discipline. The result is a greater union of mind, body and spirit. Anyone, regardless of body type, age, experience, or physical abilities, can practice yoga.

Class taught by Theresa Boccia-Kennedy.

For: Ages 16 and up

Place: Sycamore Park Main Building

Fee: \$65/resident \$130/non-resident

Dates: **Mondays** Activity 3400-1 **7:30-9:00pm**  
April 19, 26, May 3, 10, 17, 24

**Spring Class Registration will begin on Monday, March 29, 2010 from 10am-4pm**

## HORSEBACK RIDING LESSONS

We have a lesson for you! Whether you have little or no experience or you are able to walk, trot and cantor come and enjoy this eight week course in a safe indoor environment. Each class will be broken down into 40 minute riding lessons and 20 minute discussion/demonstration. There is a maximum of 5 students per class.

### Horseback Riding I (Those With Little or No Experience)

For: Ages 7-14 years old

Place: Zephyr Farms, 219 Watermelon Hill Road  
Mahopac, New York

Fee: \$245/resident \$295/non-resident

Dates: **Mondays** Activity 3500-1 **4:00-5:00pm**  
April 19, 26, May 3, 10, 17, 24

### Horseback Riding II (Able to Walk, Trot, Canter)

For: Ages 7-14 years old

Place: Zephyr Farms, 219 Watermelon Hill Road  
Mahopac, New York

Fee: \$245/resident \$295/non-resident

Dates: **Mondays** Activity 3500-2 **5:00-6:00pm**  
April 19, 26, May 3, 10, 17, 24

### Adult Horseback Riding (Little or No Experience)

For: Ages 15 and up

Place: Zephyr Farms, 219 Watermelon Hill Road  
Mahopac, New York

Fee: \$245/resident \$295/non-resident

Dates: **Mondays** Activity 3500-3 **11:30am-12:30pm**  
**Mondays** Activity 3500-4 **6:00pm-7:00pm**  
April 19, 26, May 3, 10, 17, 24

## DOG OBEDIENCE

The objective is to give your dog the socialization necessary to make him/her a pet you can live with, while teaching you how to train your dog using the basic commands: come, sit, down, stay and stand. Controlled walking on a leash is a bonus skill you will also learn. Dog's immunization records are required at registration. Dog handler must be an adult, children may attend. Must wear sneakers to class!



For: Dogs 3 months or older

Place: Sycamore Park

Fee: \$65/resident \$130/non-resident

Dates: **Tuesdays** Activity 3800-1 **7:00-8:00pm**  
April 13 (Orientation - No Dogs)  
20, 27, May 4, 11, 18, 25

# PROGRAMS

## MICHAEL GEARY IN-LINE ROLLER HOCKEY LEAGUE

Whether you are just starting out or want to be the next Wayne Gretzky we have a spot for you. Ages 3–18 can enjoy the sport of roller hockey. Don't wait spring season begins April 16

Dates: Spring Registration is March 1 to April 9, 2010.

In person or mail in Registration is through Sycamore Park ONLY

Atoms – Learn To Play Clinic Activity 3600-1

For: Children Ages 3-6

Place: Michael Geary Memorial Hockey Rink, Mahopac

Fee: \$55/resident \$75/non-resident

In-Line Hockey League Activity 3600-2

For: Children Ages 6-18

Place: Michael Geary Memorial Hockey Rink, Mahopac

Fee: \$75/resident \$95/non-resident

USA Hockey In-Line insurance is required for all players and coaches (go on-line to [www.usahockeyinline.com](http://www.usahockeyinline.com) to register); BRING or MAIL IN RECEIPT WITH BARCODE TO SYCAMORE PARK when registering.

## NIGHT SKATING

Come out to the Michael Geary Hockey Rink and enjoy skating under the lights with the whole family. Whether you inline or roller it will be a blast.

Admission is free and there is no registration. Just show up and skate.

For: The whole family

Place: Michael Geary Hockey Rink

Dates: Friday, July 23; Saturday, July 31;

Saturday, August 14; Friday, August 27

Time: 7:00pm - 10:00pm



## AMERICAN RED CROSS CLASSES

The following classes are available.

**Lifeguard Training**—This course will provide ARC certification in Waterfront Lifeguarding. Minimum age required to take class is 15.

**Lifeguard Training Review**—A refresher course for those who are already certified as a lifeguard.

**Responding To Emergencies**—An expanded first aid course that provides the necessary knowledge and skills to respond to emergency situations.

## MULTI-SPORTS CAMP

Experience 15 different sports from around the world. All activities and games take place in a positive low pressure educational environment under the guidance of our

qualified coaches who are chosen for their ability to inspire, motivate and encourage campers.

For: Children ages 5–14

Place: Sycamore Park

Dates: **June 28–July 2** Ages: 5 - 7 9:00am - 1:00pm  
\$149/resident \$189/non-resident

\$169/resident \$209/non-resident

**August 23–27** Ages 5 - 7 9:00am-1:00pm  
\$149/resident \$189/non-resident

\$169/resident \$209/non-resident

## GOLF CLINIC

Using a revolutionary new system, the USSI golf camp is the ideal way to introduce youngsters to the game of golf. Learn how to properly swing, grip and strike the ball using unique and fun training methods.

For: Children Ages 5–11

Place: Sycamore Park

Fee: \$109/resident \$149/non-resident

Dates: August 2 - 6 Ages 5 - 7 4:00-5:30pm  
Ages 8 - 11 5:30-7:00pm

## TENNIS CLINIC

The US Sports Institute Tennis Camp will teach children the basic fundamentals in stroke production, court movement and basic footwork skills. This tennis camp is suited to players who are of beginner to intermediate level.

For: Children Ages 6 - 14

Place: Sycamore Park

Fee: \$109/resident \$149/non-resident

Dates: July 12 - 16 Ages 6 - 10 4:00-5:30pm  
Ages 11 - 14 5:30-7:00pm

## SPORTS SQUIRTS

Fun, Fun, Fun!! This is a great way to introduce your child to a variety of sports. Sports are played through a series of games and activities designed to ensure learning and most importantly fun.

For: Children ages 3–5

Place: Sycamore Park

Fee: \$99/resident \$129/non-resident

Dates: June 28–July 2 or August 23–27

Time: 4:00-5:30pm

**Registration for all sports camps begins April 5.**

# SPECIAL EVENTS & COMMUNITY GROUPS

## EGG HUNT

Hop on over to our Annual Egg Hunt on Saturday, March 20, 2010 (bad weather alternate date is March 21st) at the Mahopac High School and Middle School campus. Hunt begins at 12 noon sharp. The Mahopac Rotary Club will be serving lunch from 11am-12pm (hotdogs, cookies, juice, water, hot chocolate and coffee).



## SUNSET CONCERT SERIES

Sponsored by the Mahopac National Bank

**"Family entertainment under the stars."**

**DATES:** Thursday Evenings:

- July 15** **The Magic Touch** (Acappella Oldies)
- July 29** **Golden Angels Jazz Band** (Jazz Band)
- August 12** **Andrea and the Armenian Rug Riders** (Rock and Roll)

*Rain Dates are tentatively scheduled for the following Thursday*

**PLACE:** Mahopac Chamber Park; Rte. 6 and 6N

**TIME:** 7:00pm - 9:00pm.

**DATES:** Sunday Evenings:

- July 11** **The Saints** (Classic R&B)
- July 25** **Mojo Myles Band** (Blues)
- August 8** **Good and Plentie** (Contemporary)

*Rain Dates are tentatively scheduled for the following Sunday*

**PLACE:** Mahopac Chamber Park; Rte. 6 and 6N

**TIME:** 6:00pm - 8:00pm.

**FEE:** Free; bring your chairs and blankets.

## PUTNAM ARTS COUNCIL

Mahopac, New York

**The 47th Annual Members Exhibit** will be from March 7 - March 27 at Tilly Foster Farm.

Gallery hours: Tuesday - Friday 10:00am - 3:00pm;  
Sunday 1:00pm - 4:00pm.

**The Annual Putnam County High School Student Art Show** will be exhibited April 9 - April 23 at Tilly Foster Farm.

Gallery hours: Tuesday - Friday 10:00am - 4:00pm;  
Saturday & Sunday 1:00pm - 4:00pm.

To find out more information please visit on the web at:  
[www.putnamartscouncil.com](http://www.putnamartscouncil.com)

## Adult Softball – Men's and Women's

Men's contact: John Barbagallo at 914-490-3402.

Women's contact: Louise Decker at 914-494-2272.

## LAKE MAHOPAC GARDEN CLUB

Provides decorative public plantings, education on conservation and horticulture, and sponsors an annual Flower Show. We meet the first Tuesday every month at Sycamore Park (some exceptions) Join Us! For more information call Laura Staley, Membership Chair at 628-2359.

June 11 and 12– Annual Garden Club Show at Sycamore Park. Friday, 2pm-8pm; Saturday 10am-4pm. Light Refreshments; Admission is Free!

## LAKE MAHOPAC ROTARY ANNUAL DUCK RACE

Sunday, May 16, 2010 from 11am - 4pm at the Red Mills Historic Park The Lake Mahopac Rotary Club will be hosting a fun filled event for the entire family. Come join us and watch as 2,000 rubber ducks splash their way to the finish line. There will be live entertainment and activities for the entire family. Admission is free. To adopt a rubber duck or for more information go to [www.lakemahopacrotary.org](http://www.lakemahopacrotary.org).

## ANNUAL BIATHLON

3 Mile run followed by a .5 mile swim. Sponsored by the Taconic Road Runners Club and the Town of Carmel Recreation and Parks Department. Event is Sunday, August 1. For more information contact Karen Davies at 914-302-2082 or go to [www.runner.org](http://www.runner.org) to register online or download registration information.

## Putnam County Office for People with Disabilities

For information on Recreation programs for children and adults with disabilities please contact: Putnam County Office for People with Disabilities, 110 Old Route 6, Building 3, Carmel, NY 10512 phone 845-228-5912.

## Mahopac Sports Association

The Mahopac Sports Association, a not-for-profit association, currently offers a variety of programs throughout the year. For more information please contact MSA at [MSASPORTS.ORG](http://MSASPORTS.ORG)

## Carmel Sports Association

The Carmel Sports Association, a not-for-profit association, currently offers a variety of programs throughout the year. For more information please contact CSA at 228-2435 or go to their website at:  
[www.carmelsportsassoc.org](http://www.carmelsportsassoc.org)





Town of Carmel Recreation and Parks Department

Activity Registration Form

Please Fill Out Form Entirely and Please Print Clearly

( ) Town of Carmel Resident

( ) Non Resident

( ) Family Registration on File

Participant's Name: \_\_\_\_\_

Sex: ( ) Male ( ) Female

Address: \_\_\_\_\_

City: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_ Age: \_\_\_\_\_

Telephone#: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Telephone#: \_\_\_\_\_

Program 1 Name: \_\_\_\_\_

Program Code#: \_\_\_\_\_

Program Day(s): \_\_\_\_\_ Program Time: \_\_\_\_\_ Program Fee: \_\_\_\_\_

Program 2 Name: \_\_\_\_\_

Program Code#: \_\_\_\_\_

Program Day(s): \_\_\_\_\_ Program Time: \_\_\_\_\_ Program Fee: \_\_\_\_\_

Program 3 Name: \_\_\_\_\_

Program Code#: \_\_\_\_\_

Program Day(s): \_\_\_\_\_ Program Time: \_\_\_\_\_ Program Fee: \_\_\_\_\_

Fee Submitted with Registration: Amount \_\_\_\_\_ Check # \_\_\_\_\_ Cash \_\_\_\_\_

(we do not accept cash through the mail; make checks payable to Carmel Recreation & Parks)

General Release: The undersigned hereby releases the Town of Carmel, its Town Board, Recreation and Parks Department, employees and volunteers thereof, of any responsibility should an accident or injury occur to the above named participant as a result of participation in the aforementioned program sponsored by the Carmel Recreation and Parks Department. I understand the department may use photos taken during events for publicity unless I notify them in writing otherwise.

- I give consent for the above named applicant to participate in the program listed above. I understand I am responsible for transportation to/from Thunder Ridge if participating in the ski/snowboard program.
Many recreational activities involve the possibility of physical injury. The municipality does not hold accident insurance. Such insurance is the responsibility of the individual. I hereby release the Town of Carmel and employees of any liability whatsoever in connection with any damage and/or injuries that the above named person may sustain as a result of participation in the above named program.
A hospital will not provide treatment for a minor, unless accompanied by a parent or guardian. This form will permit your child to be treated, if an emergency situation arises, and we are unable to contact you.
I certify that I/my child have no medical condition and require no medication that would be dangerous in conjunction with these programs.
I certify that I/my child was born on the above date, and is the required age by the first day of class/classes listed above.
There will be no refund if participant is picked up early or asked to leave in the event of a discipline problem.
Any misrepresentation will result in expulsion from class and forfeiture of all fees.

I have read, understand, and agree to the above policy.

Participant's Signature (Parent/Guardian, if under 18)

Date

Please Print Name (Parent/Guardian, if under 18)

Please bring or mail this form, with the appropriate fee to: Carmel Recreation and Parks Department, 790 Long Pond Road, Mahopac, NY 10541